

30-Day Declutter Challenge

One small task a day, about 15 minutes. Check each box when you finish.

DAY 1 Junk drawer ☐	DAY 2 Expired pantry food ☐	DAY 3 Pens, markers and tape ☐	DAY 4 Fridge door items ☐	DAY 5 Mugs and glasses ☐
DAY 6 Food containers and lids ☐	DAY 7 Dish towels and sponges ☐	DAY 8 Medicine cabinet ☐	DAY 9 Makeup and skincare ☐	DAY 10 Towels and linens ☐
DAY 11 Shower and bath products ☐	DAY 12 Nightstand ☐	DAY 13 Socks and underwear ☐	DAY 14 Tops you never wear ☐	DAY 15 Pants and skirts ☐
DAY 16 Shoes ☐	DAY 17 Bags and purses ☐	DAY 18 Jewelry and accessories ☐	DAY 19 Coats and jackets ☐	DAY 20 Books and magazines ☐
DAY 21 Cables and chargers ☐	DAY 22 Decor and knick-knacks ☐	DAY 23 Blankets and pillows ☐	DAY 24 Entryway ☐	DAY 25 Mail and paper pile ☐
DAY 26 Receipts and manuals ☐	DAY 27 Phone photos and apps ☐	DAY 28 Email inbox ☐	DAY 29 One shelf in storage ☐	DAY 30 Drop off all donations! ☐