

Declutter Checklist by Room

Tick off what you let go of. Start with the room that bugs you most.

KITCHEN

- ☐ Expired pantry food
- ☐ Lids without containers
- ☐ Duplicate utensils
- ☐ Chipped mugs and plates
- ☐ Takeout menus, sauce packets

LIVING ROOM

- ☐ Old magazines
- ☐ Dead remotes and cables
- ☐ Broken decor
- ☐ Extra throw pillows
- ☐ Games missing pieces

BATHROOM

- ☐ Expired meds and sunscreen
- ☐ Dried-out makeup
- ☐ Worn-out towels
- ☐ Travel minis you won't use
- ☐ Empty bottles

ENTRYWAY

- ☐ Old mail
- ☐ Unlabeled mystery keys
- ☐ Shoes you never wear
- ☐ Overflow of bags
- ☐ Broken umbrellas

BEDROOM

- ☐ Single socks
- ☐ Clothes that don't fit
- ☐ Broken hangers
- ☐ Stacks on the nightstand
- ☐ Old, thin bedding

OFFICE & PAPERS

- ☐ Old receipts
- ☐ Expired warranties, manuals
- ☐ Dried-out pens
- ☐ Chargers for gadgets gone
- ☐ Junk mail and flyers

CLOSET

- ☐ Items with tags never worn
- ☐ Uncomfortable shoes
- ☐ Worn-out bags
- ☐ Duplicates of the same item
- ☐ Not worn in a year

GARAGE & STORAGE

- ☐ Half-empty paint cans
- ☐ Broken tools
- ☐ Flattened old boxes
- ☐ Gadgets never used
- ☐ Toys outgrown